

# Recursos de salud mental para las comunidades hispanas y latinx

## American Society of Hispanic Psychiatry

[americansocietyhispanicpsychiatry.com](http://americansocietyhispanicpsychiatry.com)

## Inclusive Therapists

[inclusivetherapists.com](http://inclusivetherapists.com)

## Life is Precious

[comunilifelip.org](http://comunilifelip.org)

## Latinx Therapy

[latinxtherapy.com](http://latinxtherapy.com)

## MANA, A National Latina Organization

[hermana.org](http://hermana.org)

## National Alliance for Hispanic Health

[healthyamericas.org](http://healthyamericas.org)

## National Latino Behavioral Health Association

[nlbha.org](http://nlbha.org)

## National Latinx Psychological Association

[nlpaw.s](http://nlpaw.s)

## SanaMente

[sanamente.org](http://sanamente.org)