

# LGBTQ

## Suicide Prevention Resources



### 988 Suicide & Crisis Lifeline

Dial 988 (Press 1 for Veterans, press 2 for Spanish) • Text 988 (English only)



### Text TALK to 741741

Text TALK to 741741 for English • Text AYUDA to 741741 for Spanish  
Text with a trained crisis counselor from the Crisis Text Line for free, 24/7



### The Trevor Project

TrevorLifeline: Available 24/7 at 1-866-488-7386  
TrevorText: Text TREVOR to 1-202-304-1200  
TrevorChat: Via [thetrevorproject.org](https://thetrevorproject.org)



### Trans Lifeline

Support for transgender people, by transgender people  
1-877-565-8860



### SAGE LGBT Elder Hotline

Peer-support and local resources for older adults  
1-877-360-LGBT (5428)



### The LGBT National Hotline

Peer-support and local resources for all ages  
1-888-843-4564